

COVID-19 GUIDANCE FOR FOOTBALL

APPLICABLE TO PLAYERS, VOLUNTEERS, SPECTATORS, PARENTS, CLUBS, COACHES AND OFFICIALS IN LINCOLNSHIRE

This document provides guidance for measures that should be taken by players, clubs, officials and spectators before, during and after all football activity. This document should be read in accordance with the latest UK Government guidance and the FA Detailed guidance on re-starting grassroots football.

For all activity, UK Government social distancing guidance should be adhered to at all times. This document refers to the current plan for England and could change in response to the current COVID-19 Alert Level or other UK Government advice.



BEFORE ACTIVITY

- Conduct a self-assessment, if you have a high-temperature; a new, continuous cough or a loss of smell or taste DO NOT attend the activity.
- Introduce a Track & Trace procedure to collect the names and contact details of all individuals on site (e.g. QR Code).
- Promote an environment of good hygiene (e.g. correct hand-washing procedures, hand sanitisers).
- Review facility usage to ensure that teams are staggered to avoid congestion. With specific focus on dispersing crowds quickly at drop off and pick up times.
- Club representatives should ensure that the facility is compliant with current UK government legislation. This should include a risk assessment with risk mitigation measures in place. This should be continuously monitored.
- Ensure there is a directional route marked around the site to allow for a socially distanced flow of human traffic.
- Ensure all players and spectators have clearly been communicated the sites procedures so they know what to expect upon arrival.
- Spectators are not permitted at Step 7 and above friendly and competitive fixtures.



DURING ACTIVITY

- Groups are limited to a maximum of 30 participants, this is inclusive of coaches and/or officials.
- Pre-match handshakes and goal celebrations are not permitted.
- Team talks are allowed as long as social distancing is observed and conducted outside.
- Injuries must be treated with upmost importance with first aiders wearing full PPE.
- Injuries must be recorded for track and trace purposes.
- There is zero tolerance of confrontation of referees.
- When a ball goes out of play it should not be retrieved by a non-playing individual.
- Water bottles must not be shared.
- Spitting is prohibited.
- Coaches and subs must remain 2-metres apart in their respective area.
- Footballs used during the first half should be cleaned and sanitised at half-time.
- Players must remain socially distanced during the half-time period.
- All players and officials must use hand sanitiser during half-time.



AFTER ACTIVITY

- Post-match handshakes are not permitted.
- Players must sanitise their hands before leaving the field of play.
- Use of showering facilities should be avoided with players leaving the site in their kit, which will be individually washed at home.
- All equipment must be disinfected after use by one individual only.
- Individuals must disperse promptly after the session has finished.
- An individual must report an infection within their household to the NHS track and Trace system following the use of the facility to limit the spread of infection.